

# Reflection, Rest, and Renewal:

## A time away along streams of living water

*'Out of the believer's heart shall flow rivers of living water.'*

### Wednesday – Reflection

9:30-10:30	Registration	Sylvan View entrance
10:30-11:30	Introduction to retreat schedule & speakers	Sylvan View Poplar Room
11:30	Morning Prayer	Sylvan View Poplar Room
Noon	lunch	Sylvan View Dining Room
1:30	Beauty in Mess--a glimpse at grace	Creekside
2:00	Keynote 1 – Kevin Shock	Creekside
2:30-3:30	Activity	Creekside
3:30	Free time (continue activities)	
5:00	Dinner	Sylvan View Dining Room
6:30	Worship	Creekside

*Be still and know that I am God.*

### Thursday – Rest

8:00	Breakfast	Sylvan View Dining Room
9:00	Morning Prayer	Creekside
9:30	Keynote 2 – Kevin Shock	Creekside
10:00	Barb--spiritual pathway of haiku	Creekside
10:30-11:30	Activity	Creekside
Noon	Table prayer	Sylvan View Dining Room
12:15	Lunch	
1:30-3:30	Labrynth encounters/other activities	Creekside
3:30	Free time (continue activities)	
5:00	Dinner	Sylvan View Dining Room
6:30	Worship	Creekside

*The leaves of the tree are for the healing of the nations.*

7:00	Conversation with Marsha Roscoe	Creekside
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### Friday – Renewal

8:00	Breakfast ( <i>Rooms must be empty by 10am</i> )	Sylvan Room Dining Room
9:30	Debrief/Discussion	Creekside
10:45	Eucharist	Creekside

*They are like trees planted by streams of water which yield their fruit in due season and their leaves do not wither.*

12:00	Depart	
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*Bishop Collins thanks you for joining her on this retreat. May you be refreshed and renewed by this time apart.*